

Aloe Vera Soap Recipe



Source: soaprecipes101.com

Aloe Vera is known for its soothing and powerful skin healing properties, making it a popular ingredient in soaps. Aloe Vera is good for dry skin and in helping treat burns. Why not try making some yourself!

This recipe recommends using Aloe Vera gel, however, you could try replacing the Aloe Vera gel with a smaller quantity of our aloe Vera 10:1

[*These are the products we stock in the HFoster soap online shop.](#)

422g coconut oil

380g olive oil

298g lard

70g shea butter

272g aloe gel and water pureé (add water to the aloe till reach 272g in total)

190g lye

280g water

Follow the usual procedure when making soap. Make sure you're in a well-ventilated room with the appropriate eye and hand protection when handling lye as it is caustic. Add the lye to the water and while it cools, heat up the oils until they are melted. When they reach the same temperature, add the lye to the oils and then add the aloe vera gel before trace.

Pour the mixture into a mould, insulate it and let it set for 24- 48 hours.

Take the soap out of the mould, be careful as it is still caustic, leave to cure for at least 4 weeks.

