

SOAP WITH GOAT MILK



COLD PROCESSED SOAP RECIPE

Have you got dry or damaged skin?

This soap recipe is perfect for you! Put together by our General Manager, tried and tested by our team!

Goat milk has been referred to as a 'healing miracle'. It is full of antioxidants, vitamins including vitamin A, which is very good for the skin and essential fatty acids. The milk is also known for its moisturising benefits as lactic acid can remove dead skin leaving it feeling moisturised.

Important tip: *add the frozen goat's milk to the lye so that the natural sugars in the milk will not caramelised.*

[**Stocked on HFoster Soap online shop](#)

Ingredient	Weight (Grams)	%
Olive Oil	480g	48%
Coconut Oil	330g	33%
Palm Oil	190g	19%
	1000g	
Total Oils		
% Superfat		5%
Sweet Almond Oil	50g	
Water (Deoxygenised)	182g	
Goat milk (frozen)	182g	
Sodium Hydroxide	154g	
Poppy Seeds to be added at light trace (2 tablespoons)		
Floral Fragrance Oils		2%
Frangipani or honeysuckle or Freesia	20g	
Colour		
Spinach powder (green), Annatto seeds (orange) or CP soap colour		